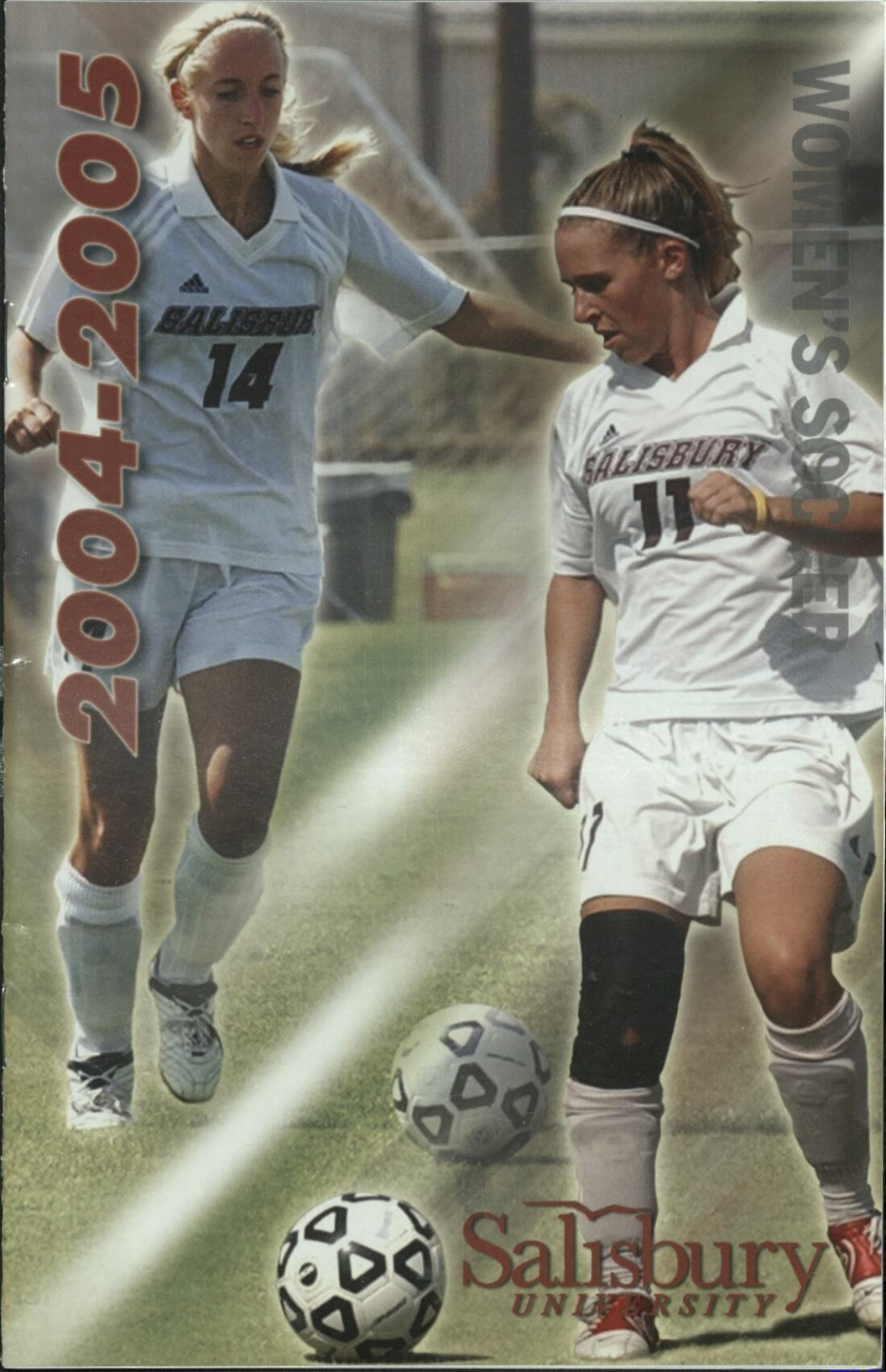
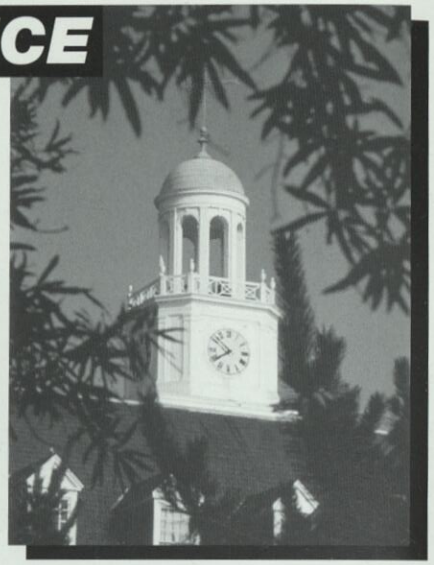
2004-2005

WOMEN'S SOCCER



Salisbury
UNIVERSITY

SU AT A GLANCE



The resources of a University ...
6,900 students from 29 states and 28 foreign countries . . . 43 undergraduate and 11 graduate programs . . . 314 full-time faculty, 92 percent of tenure-track faculty have terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors . . . NCAA Division III Athletics, 10 men's, 11 women's intercollegiate teams; 27 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio) . . . Honors program with dedicated faculty at the Bellavance Honors Center . . . Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
2004-05 tuition, room, board and fees: $12,576 per year for Maryland residents; $20,154 per year out-of-state.

A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SU awards some $1.2 million in academic scholarships each year. More than $29 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal— and idyllic—location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.

Come see us—in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site. We're at ***www.salisbury.edu.***

SU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 45 buildings on over 145 landscaped acres. Students walk from one end of campus to the other in about five minutes.

HEAD COACH JIM NESTOR

Jim Nestor, named as head coach of the women's soccer program prior to the start of the 2001 season, has guided Salisbury to 45 victories through his first four seasons, with three appearances in the Capital Athletic Conference championship game. In addition, the Sea Gulls have won 22 of 28 regular season conference games during Nestor's first four campaigns, including a first place finish during the CAC's 2003 regular season. Salisbury has a 45-23-9 overall record through his first four seasons.

Other highlights during Nestor's tenure include a new team record of nine consecutive shutouts in both 2001 and again in 2004, unbeaten streaks of both nine- and 10-games, and 13 players named to the all-conference teams.

Nestor, a 1990 graduate of the University, returned to his Alma Mater after serving as the head coach for women's lacrosse and women's soccer at Division II Gannon University in Erie, PA, from 1995 to 2001. His resume included 10 years of collegiate coaching experience prior to returning to Salisbury, including stints at Frostburg (MD) State (1991-92), Colby-Sawyer (NH) (1992-94) and Lafayette (PA) (1994).

Nestor posted a 49-44 record in five seasons as the head coach of the Gannon women's soccer program. He guided the team to four consecutive winning seasons, the only winning seasons in the program's history, and set a new school record with 12 wins in both the 1998 and 1999 seasons. Nestor, who also coaches the Salisbury women's lacrosse team, compiled a 73-20-1 record in six seasons with the Gannon women's lacrosse program. He has piloted the SU women's lacrosse team to back-to-back conference championships and NCAA Tournament appearances in each of the past two seasons.

Originally from Laurel, MD, Nestor received his bachelor's degree in physical education from Salisbury in 1990. He was a four-year letterman on the Sea Gull lacrosse and wrestling teams during his collegiate career. Nestor earned his master's degree in health and physical education at Frostburg State in 1992. His wife, Linda, is also a Salisbury graduate.

Nestor pilots a Sea Gull soccer program that has known nothing but success since moving to varsity status in 1994. The Sea Gulls enjoyed their most successful season ever in 2000, registering a record-setting 20-1-2 season that included their second conference championship and an appearance in the NCAA Tournament's final eight. Salisbury recorded an NCAA-best 22-game unbeaten streak and was the last undefeated team in the nation that season.

The Sea Gulls have had 11 consecutive winning seasons and at least 13 victories or better in seven of those seasons. Salisbury has had 55 players earn all-conference recognition since 1994 and has a stellar 147-51-14 all-time record in its 11 varsity campaigns.

Salisbury's Year-by-Year Record

1994	13-5-0	CAC Champions
1995	11-5-0	CAC runnersup
1996	17-3-0	CAC runnersup
1997	15-3-2	CAC runnersup
1998	13-6-1	CAC runnersup
1999	13-5-0	CAC runnersup
2000	20-1-2	CAC Champions, NCAA final eight
2001	14-2-3	CAC runnersup
2002	12-7-0	CAC runnersup
2003	9-8-2	CAC first-place regular season
2004	10-6-4	CAC runnersup
Total	**147-51-14**	**(11 seasons)**

QUOTING COACH NESTOR

(On Player Leadership)
"I place high expectations on our captains in terms of communication and leadership. Team captains are in the unique position of bringing concerns and ideas from other players to the coaching staff. I'm always interested in their input. Our returning players know that it takes hard work to be successful at this level."

(The Importance of Academics)
"There's no disputing that the number one priority for all of our players is their academic success. Athletics is number two. We do not allow our players to miss class time due to practices. When they must miss class due to travel, they are expected to communicate with professors and to make up the work."

(Goals for the Program)
"We expect to have a high level of play and we want to be nationally competitive. We certainly want to win the conference championship, which provides an automatic bid for the NCAA Tournament. To reach these goals, our players must strive to be the best. As coaches, we push them to reach their fullest potential."

(Recruiting Philosophy)
"We want to attract talented athletes who are striving to be the best that they can be. We want to recruit impact players who will help us win the CAC championship and help lead our program to national recognition. We want athletes who are willing to work hard with a year-round dedication to the program. This includes off-season weight training and conditioning and involvement in our spring training program. Those who join our program with a high level of previous experience will most likely be in position to have an immediate impact."

(On His Scheduling Philosophy)
"We want to play the best teams in order to be the best. Playing top-ranked opponents allows us to know what level we need to be at to compete against the best. The players thrive on knowing that they are playing a nationally-competitive schedule. It helps to keep them focused during the summer months."

2005 SEA GULL SCHEDULE

Date	Opponent	Site	Time
Aug. 26	**Wesley (Scrimmage)**	**Salisbury, MD**	**4:00 pm**
Aug. 27	**Alumni Game (Scrimmage)**	**Salisbury, MD**	**1:30 pm**
Sept. 1	at Villa Julie	Stevenson, MD	4:30 pm
Sept. 3	at Elizabethtown Tournament	Elizabethtown, PA	TBA
Sept. 4	at Elizabethtown Tournament	Elizabethtown, PA	TBA
Sept. 7	**Richard Stockton**	**Salisbury, MD**	**4:30 pm**
Sept. 10	at Messiah	Grantham, PA	1:00 pm
Sept. 14	**Virginia Wesleyan**	**Salisbury, MD**	**4:30 pm**
Sept. 17	**Catholic ***	**Salisbury, MD**	**1:00 pm**
Sept. 20	at Notre Dame (MD)	Baltimore, MD	4:30 pm
Sept. 24	**Christopher Newport**	**Salisbury, MD**	**1:00 pm**
Oct. 2	**Mary Washington ***	**Salisbury, MD**	**1:00 pm**
Oct. 8	at York *	York, PA	12:00 pm
Oct. 15	at St. Mary's *	St. Mary's City, MD	12:00 pm
Oct. 18	**Rowan**	**Salisbury, MD**	**3:00 pm**
Oct. 21	at Marymount *	Arlington, VA	7:00 pm
Oct. 23	**Goucher ***	**Salisbury, MD**	**1:00 pm**
Oct. 25	**Gallaudet ***	**Salisbury, MD**	**3:00 pm**
Oct. 30	CAC Tournament	TBA	TBA
Nov. 2	CAC Tournament	TBA	TBA
Nov. 5	CAC Tournament	TBA	TBA

* Capital Athletic Conference game **Home games in Bold**

SU'S SUCCESS CONTINUES IN 2004

The Salisbury University women's soccer program has posted 11 straight winning seasons and double-digit victory totals in 10 of 11 campaigns since its varsity debut in 1994. The Gulls have won 45 games in the past four years (2001-2004), with 10 appearances in the Capital Athletic Conference championship game in 11 years.

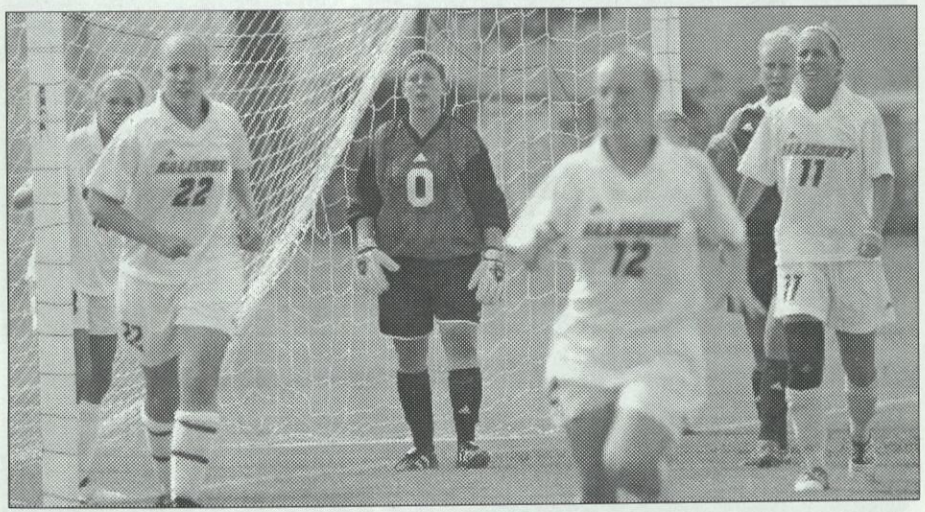
The Sea Gulls enjoyed another successful run during the 2004 season, including a nine-game unbeaten streak and a school-record nine straight shutouts. Salisbury advanced to the conference's championship game once again, where it battled to a 0-0 overtime tie before losing the game and the CAC title in a penalty kick shootout.

Two players were named to the 2004 all-CAC team. Junior back **Ashley Martin** was selected to the all-conference first team, while senior midfielder **Leanne Argue** was named to the second team.

Martin was part of a defense that registered a school-record 14 shutouts overall in 2004. The Sea Gulls posted a conference-best 0.67 goals against average. Argue, one of the team captains, also contributed to the team's defensive success while adding one goal on 32 shots offensively.

Individually, junior goalie **Katie Hendrickson**, a three-year starter, was selected as Salisbury's 2004 team MVP. Freshman midfielder **Sharyn MacEwen** was honored as the team's Most Improved Player, senior back **Dana Verdi** received the team's Unsung Hero award for the second straight year, and sophomore midfielder **Natalie Day** was recognized as the Coaches Award winner.

With a strong track record of success through their first decade of varsity competition, the Sea Gulls have high hopes for the 2005 campaign. SU loses just three seniors from the 2004 team and expects to return eight starters, including the team's top eight scorers from the 2004 season.



Goalie Katie Hendrickson and the Sea Gull defense registered a team-record 14 shutouts in 2004, including nine straight shutouts to end the year. Hendrickson was named the team's 2004 MVP after posting a 0.71 goals against average.

2004 SEA GULL ROSTER

No.	Name	Pos	Year	Hometown	High School
1	Sharyn MacEwen	M	Fr	Holbrook, NY	Sachem
4	Candice Hills	M	Sr	Columbia, MD	Long Reach
5	Dana Verdi	B	Sr	Lawrenceville, NJ	Lawrence
6	Jeanine Swezey	M	Jr	Swarthmore, PA	Strathaven
8	Meghan Tadio	B	Fr	Fairport, NY	Fairport
9	Sara Nickoles	F	So	Ashton, MD	Blake
10	Meghan Mabey	M	So	Vernon, NJ	Vernon
11	Heather Pallett	M	Jr	Severna Park, MD	Severna Park
12	Leanne Argue	B	Sr	Marlton, NJ	Cherokee
13	Jessica Reed	M	Jr	Arnold, MD	Severna Park
14	Ashley Martin	B	Jr	Bowie, MD	Archbishop Spalding
15	Colleen Evans	M	So	Gaithersburg, MD	Quince Orchard
16	Brenda Warshauer	M	Fr	Laurel, MD	Meade
17	Kate Weaver	F	Fr	Abingdon, MD	Edgewood
18	Natalie Day	M	So	Beltsville, MD	Pallotti
20	Haley Cramer	B	Fr	Severna Park, MD	Severna Park
21	Katy Wroblewski	B	Fr	Leonardtown, MD	Leonardtown
22	Sharon Asmussen	M	So	Niskayuna, NY	Niskayuna
23	Erin Casey	F	Fr	Bowie, MD	Roosevelt
25	Stacey Pokrywka	F	So	Baltimore, MD	Notre Dame
0	Katie Hendrickson	G	Jr	Ocean Township, NJ	Ocean Township
00	Samantha Phipps	G	So	Pasadena, MD	Meade
88	Jenna Trumpower	G	Fr	Manchester, MD	North Carroll

Head Coach – Jim Nestor (4th year)
Assistants – Wayne Gorrow, Hannah Boettger
Captains – Leanne Argue, Candice Hills, Dana Verdi

SEA GULL RECORDBOOK

Team Records

Most Goals Scored, Game	13 vs. Columbia Union, 9/12/00
Most Goals Scored, Season	97, 2000
Largest Margin of Victory	13 vs. Columbia Union, 9/12/00
Most Goals Allowed, Game	8 vs. Messiah, 8/30/02
Most Goals Allowed, Season	26, 2002
Fewest Goals Allowed, Season	8, 1999
Most Shutouts, Season	14, 1996, 2004
Most Consecutive Shutouts, Season	9, 2001, 2004
Most Games Played, Season	23, 2000
Most Wins, Season	20, 2000
Most Home Wins, Season	12, 1996
Longest Winning Streak	11, 1996, 2000
Longest Unbeaten Streak	22, 2000
Longest Home Winning Streak	19, 1995-97
Most Saves, Game	16, (three times)

Individual Records

Most Goals, Game	4, Kathleen Tiedemann vs. Gallaudet, 10/22/01 4, Erica Szoc vs. Gallaudet, 10/4/01
Most Goals, Season	15, Ava Tasker, 1996
Most Goals, Career	41, Danielle Urban, 1994-97
Most Assists, Game	3, Jennifer Mazzola vs. Marymount, 10/1/97 Danielle Urban vs. Marymount, 9/17/96 Nicki Krause vs. Gallaudet, 10/7/03
Most Assists, Season	11, Joy Mulholland, 2000,
Most Assists, Career	23, Joy Mulholland, 1998-01
Most Points, Game	9, Kathleen Tiedemann (4g-1a) vs. Gallaudet 10/22/01
Most Points, Season	35, Ava Tasker (15g-5a), 1996 35, Amber Bradford (14g-7a), 2000
Most Points, Career	101, Danielle Urban (41g-19a), 1994-97
Most Saves, Game	16, Kristi Kauffman vs. Mary Washington, 9/25/94 16, Amy Forbes vs. St. Mary's, 10/29/98
Most Saves, Season	132, Kristi Kauffman, 1994
Most Saves, Career	325, Kristi Kauffman, 1994-96
Most Shutouts, Season	14, Kristi Kauffman, 1996; Katie Hendrickson, 2004
Most Shutouts, Career	42, Amy Forbes, 1997-00

Career Leaders

Goals

Player	Goals	Years
1) Danielle Urban	41	1994-97
2) Kathleen Tiedemann	39	2000-03
3) Ava Tasker	31	1994-96
4) Cortney Urban	28	1995-98
5) Cindy Maxfield	26	1998-01
6) Meredith Bigham	23	1998-01
7) Kristey Lillis	22	1999-02
8) Amber Bradford	21	1999-02
9) Dana Earl	18	1996-99
Sarah Harding	18	2000-01
11) Erica Szoc	17	1999-01

Assists

Player	Assists	Years
1) Joy Mulholland	23	1998-01
2) Danielle Urban	19	1994-97
Meredith Bigham	19	1998-01
4) Kristey Lillis	17	1999-02
5) Dana Earl	16	1996-99
6) Amber Bradford	13	1999-02
Cindy Maxfield	13	1998-01
8) Cortney Urban	11	1995-98
Leanne Argue	11	2001-04
Kathleen Tiedemann	11	2000-03
11) Sarah Harding	10	2000-01

Points

Player	Points	Years
1) Danielle Urban	101 (41g-19a)	1994-97
2) Kathleen Tiedemann	89 (39g-11a)	2000-03
3) Ava Tasker	71 (31g-9a)	1994-96
4) Cortney Urban	67 (28g-11a)	1995-98
5) Meredith Bigham	65 (23g-19a)	1998-01
Cindy Maxfield	65 (26g-13a)	1998-01
7) Kristy Lillis	61 (22g-17a)	1999-02
8) Amber Bradford	55 (21g-13a)	1999-02
9) Dana Earl	52 (18g-16a)	1996-99
10) Sarah Harding	46 (18g-10a)	2000-01
11) Joy Mulholland	45 (11g-23a)	1998-01

Saves

Player	Saves	Years
1) Kristi Kauffman	325	1994-96
2) Amy Forbes	304	1997-00
3) Katie Hendrickson	262	2002-04

HONOR ROLL AND ALL-TIME RECORD

1994

Ava Tasker,
First Team All-CAC Back,
Third Team All-South Region Back
Amanda Brooks,
First Team All-CAC Back
Vicki Prince,
First Team All-CAC Midfielder
Kristi Kauffman,
Second Team All-CAC Goalie
Karen Mannion,
Second Team All-CAC Midfielder
Danielle Urban,
Second Team All-CAC Forward
Jim Berkman,
CAC Coach of the Year

1995

Karen Mannion,
First Team All-CAC Back,
First Team All-Mid Atlantic Region Back
Kristi Kauffman,
First Team All-CAC Goalie,
Third Team All-Mid Atlantic Region Goalie
Danielle Urban,
First Team All-CAC Forward
Nicole Urban,
First Team All-CAC Midfielder
Amanda Brooks,
Second Team All-CAC Back

1996

Ava Tasker,
First Team All-CAC Midfielder,
CAC Player of the Year
Kristi Kauffman,
First Team All-CAC Goalie
Danielle Urban,
First Team All-CAC Forward
Nicole Urban,
First Team All-CAC Back
Amy Gallagher,
Second Team All-CAC Back
Patty Jones,
Second Team All-CAC Forward
Erin Sargent,
Second Team All-CAC Midfielder

1997

Nicole Urban-Ingley,
First Team All-CAC Back,
First Team All-Mid Atlantic Region Back
Cortney Urban,
Second Team All-CAC Forward,
Third Team All-Mid Atlantic Region Forward
Danielle Urban,
Second Team All-CAC Forward
Dana Earl,
Second Team All-CAC Midfielder
Amy Forbes,
Second Team All-CAC Goalie
Jennifer Mazzola,
Second Team All-CAC Back

1998

Amy Gallagher,
First Team All-CAC Back,
Third Team All-Mid Atlantic Region Back
Cortney Urban,
First Team All-CAC Forward
Amy Forbes,
Second Team, All-CAC Goalie
Dana Earl,
Second Team All-CAC Midfielder
Joy Mulholland,
Second Team All-CAC Back
Katie Rowles,
Second Team All-CAC Midfielder

1999

Dana Earl,
First Team All-CAC Midfielder
Amy Gallagher,
First Team All-CAC Back
Amy Forbes,
First Team All-CAC Goalie
Cindy Maxfield,
Second Team All-CAC Forward
Meredith Bigham,
Second Team All-CAC Midfielder
Ellen Mirsky,
Second Team All-CAC Back

2000

Meredith Bigham,
First Team All-CAC Midfielder
Ellen Mirsky,
First Team All-CAC Back
Amy Forbes,
First Team All-CAC Goalie
Sarah Harding,
Second Team All-CAC Forward
Cindy Maxfield,
Second Team All-CAC Forward
Amber Bradford,
Second Team All-CAC Midfielder

2001

Ellen Mirsky,
First Team All-CAC Back,
Third Team All-Mid-Atlantic Region Back
Amber Bradford,
First Team All-CAC Midfielder
Erica Szoc,
Second Team All-CAC Forward
Gina Ceneviva,
Second Team All-CAC Goalie
Kelly Knutson,
First Team District II All- Academic

2002

Kathleen Tiedemann,
First Team All-CAC Forward
Thea Zygmunt,
Second Team All-CAC Forward
Kristey Lillis,
Second Team All-CAC Midfielder
Rachael Cerza,
Second Team All-CAC Back

2003

Brandi Sproul,
First Team All-CAC Midfielder
Rachael Cerza,
First Team All-CAC Back
Katie Hendrickson,
Second Team All-CAC Goalie

2004

Ashley Martin,
First Team All-CAC Back
Leanne Argue,
Second Team All-CAC Midfielder

2004 RESULTS AND STATISTICS

Final Record: 10-6-4 CAC Record: 4-2-1

Date	Opponent	Site	Result
Sept. 1	Villa Julie	Salisbury	W 2-0
Sept. 4	Messiah	Salisbury	L 4-0
Sept. 5	Wisconsin-Stout	Salisbury	L 1-0 ot
Sept. 8	@Richard Stockton	Pomona, NJ	L 3-1
Sept. 15	@Catholic *	Washington, DC	W 1-0
Sept. 18	@Christopher Newport	Newport News, VA	L 3-0
Sept. 23	@Gallaudet	Washington, DC	W 11-0
Sept. 25	St. Mary's *	Salisbury	T 0-0 ot
Oct. 2	@Mary Washington *	Fredericksburg, VA	L 2-1
Oct. 5	@Virginia Wesleyan	Virginia Beach, VA	T 0-0 ot
Oct. 9	York *	Salisbury	L 1-0
Oct. 12	Marymount *	Salisbury	W 1-0
Oct. 16	Thiel	Outer Banks, NC	W 6-0
Oct. 17	Southwestern (TX)	Outer Banks, NC	W 2-0
Oct. 20	@Rowan	Glassboro, NJ	W 1-0
Oct. 23	Notre Dame (MD)	Salisbury	W 2-0
Oct. 26	@Goucher *	Towson, MD	W 3-0
Oct. 30	St. Mary's	CAC Tournament	W 1-0
Nov. 2	@York	CAC Tournament	T 0-0 ot
Nov. 6	@ Mary Washington	CAC Championship	T 0-0 ot

* Capital Athletic Conference game

Statistics

Name	GP	G	A	Pts	Sh	Shot%	GW
Natalie Day	19	5	2	12	37	.135	1
Sharyn MacEwen	18	5	2	12	24	.208	2
Heather Pallett	20	4	3	11	37	.108	1
Kate Weaver	19	3	4	10	29	.103	0
Jessica Reed	20	3	4	10	27	.111	2
Colleen Evans	18	3	3	9	23	.130	1
Sara Nickoles	20	2	4	8	23	.087	0
Haley Cramer	16	2	0	4	8	.250	1
Brenda Warshauer	4	1	2	4	4	.250	0
Leanne Argue	19	1	0	2	32	.031	1
Candice Hills	17	1	0	2	16	.062	0
Jeanine Swezey	10	1	0	2	14	.071	1
Samantha Phipps	3	1	0	2	4	.250	0
Dana Verdi	20	0	1	1	10	.000	0
Erin Casey	3	0	1	1	6	.000	0
Meghan Tadio	17	0	0	0	11	.000	0
Katy Wroblewski	11	0	0	0	7	.000	0
Sharon Asmussen	14	0	0	0	5	.000	0
Ashley Martin	18	0	0	0	5	.000	0
Meghan Mabey	8	0	0	0	4	.000	0
Stacy Grenier	1	0	0	0	1	.000	0
Lisa Woodward	2	0	0	0	0	.000	0
Total	**20**	**32**	**26**	**90**	**327**	**.098**	**10**
Opponents.	**20**	**14**	**11**	**39**	**191**	**.073**	**6**

Goaltenders	GP	Minutes	GA	Avg	Saves	Pct	Sho
Katie Hendrickson	20	1774	14	0.71	101	.878	14
Samantha Phipps	2	93	0	0.00	2	1.000	2
Jenna Trumpower	1	20	0	0.00	1	1.000	1
Total	**20**	**1887**	**14**	**0.67**	**104**	**.882**	**14**
Opponents	**20**	**1887**	**32**	**1.52**	**141**	**.815**	**8**

SU'S ATHLETICS PHILOSOPHY

***Salisbury University*, a member of the National Collegiate Athletic Association's (NCAA) Division III,** offers 21 intercollegiate sports for men and women. In addition to NCAA membership, SU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.
- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.
- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.
- SU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
UNIVERSITY

Department of Intercollegiate Athletics
1101 Camden Avenue
Salisbury, MD 21801-6860